

# KNOX UNITED CHURCH

## ANNOUNCEMENTS & UPCOMING EVENTS

### FEBRUARY 05, 2017

#### UPCOMING EVENTS

- **Monday, February 06** – beginning of “Steps into belonging” series @ Knox 7 – 9 PM
- **Saturday, February 11** – Interfaith Concert at Knox on behalf of Habitat for Humanity
- **Thursday, February 16** – Free healing sessions for drop-ins at Knox (12 – 2PM)
- **Saturday, February 25** – Coldest Night of the Year March
- **Saturday, February 25** – Knox Healing Ministry Workshop

#### Steps into belonging

Would you like to get more involved here at Knox?  
Would you like to explore your faith journey a bit, with a group of supportive people around you?

For five Monday evenings starting February 6 we will gather a group to share faith stories, have a look at beliefs, Bible, mission, spiritual practice, and church membership. We'll gather around some refreshments, and there will be plenty of time for questions and discussion. This group can function as a "membership class" but there will be no pressure that way! Leaders are Dave Holmes, Greg Glatz and Janice Aicken.

*This is particularly designed for those new to Knox, but others are also welcome! Sign up by calling the church office or contacting Dave Holmes.*

#### COMMUNITY LIFE & JUSTICE COMMISSION

##### Mission & Outreach

The Mission and Outreach Group will be meeting at noon today, February 05, to decide on disbursement from the 2016 Outreach Fund. If you would like to be a

part of the decision-making, please join in the Board Room.

#### Food Bank Donation

For Sunday, February 12, the donation is beans.  
For Sunday, February 19, the donation is pasta/macaroni & cheese.

These items are only suggestions. Donations of non-perishable items **including pet food** are always welcome.

#### Knox Healing Ministry

##### Save the Date Saturday Feb 25

Knox Healing Ministry will present a workshop on the theme *Science and Healing* from 9 am to 4 pm, including:

- A presentation on the physics of energy healing by Elke Nowicki, a Healing Touch certified instructor, and high school science teacher
- Lunch

To register, contact the Knox office. The cost for the day, including lunch, is \$25. There are very few spots left, so don't delay in registering!

#### Meeting and Healing Sessions

February 16: 12 – 2 PM. Free healing sessions for drop-ins. To make an appointment for a treatment on a different day, please call Knox office.

#### World Interfaith Harmony Week in Calgary – Feb. 1 – 7

Events are happening all over Calgary during this week. Visit churches, temples, synagogues and centres of worship.

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[www.knoxunited.ab.ca](http://www.knoxunited.ab.ca)

In particular, you may be interested in the “Building Sacred Bridges concert (see below), one of which is being held here at Knox, and in the dinner on February 7, 7:00 p.m. at the Anatolia Turkish Restaurant.

**All events are free of charge, including the meals.** Hopefully this will be a good kick-off for the newly minted Interfaith Council, and will help move us forward into greater interfaith co-operation and relationship. For further information, go to: <http://www.calgaryinterfaithcouncil.org/harmony-week.html>

**Building Sacred Bridges** - an interfaith musical experience on behalf of Habitat for Humanity

- Saturday, February 11 at Knox (7:00 pm)
- Sunday, February 12 at Beth Tzedec Synagogue (1325 Glenmore Trail S.W.)

Purchase tickets at [www.habitatsouthernab.ca](http://www.habitatsouthernab.ca) (100% of proceeds will help fund Habitat homes for 12 working families in Southern Alberta)

## OBSERVER RENEWAL

It is time to renew your Observer subscription. The Observer has won more than 150 awards for journalistic excellence in Canadian and U.S. church press competitions in the past five years – more than any other denominational magazine in North America. You can be a winner too – subscribe now! The cost for 2017 is \$25. Please see Sue in the Office.

## Coldest Night of the Year

It's cold out there. Walk on Saturday, February 25, 2017 in the Coldest Night of the Year, a super-fun, family-friendly fundraiser that raises money for the hungry, homeless, and hurting across Canada. We would like to see if there is appetite to form a Knox team to walk. Please sign up with Sue in the office if you are interested in forming a Knox team. For further information about the walk itself, check the website: <https://canada.cnoy.org/location/Calgary>

## Message from Calgary Food Bank

“On behalf of the clients, volunteers and staff of the Calgary Inter-Faith Food Bank Society, please accept our sincere thanks and appreciation for your organization of the Knox United Church Carol Festival. To date, this activity has raised \$10,406 and has brought in thousands of pounds of food. This activity is part of the

CBC Calgary Food Bank Drive which has raised \$1,194,256 in food and funds.”

## Aboriginal Issues Working Group

The Aboriginal Issues working group will meet on Sunday Feb. 12 after church, to discuss how to share the UN Declaration on the Rights of Indigenous Peoples with the congregation. If you wish to read UNDRIP before the meeting, go to [www.kairoscanada.org](http://www.kairoscanada.org) or Google UNDRIP.

## AFFIRM Working Group

The Affirm working group is developing plans for how we at Knox will celebrate the tenth anniversary of becoming an Affirming church. Plans are underway for a big party the first week of May. Speak to Bob Benner for further information.

## Knox Theatre Collective and Urban Stories Theatre

### *Just Acts Play Festival 23017 – Examining Mental Illnesses February 14 – 19, 2017*

Please note that Knox will be hosting a series of plays examining mental illnesses in the Theatre @ 7:30 pm from February 14 – 18. Matinee on February 19 @ 1:30 PM. Tickets at the door: adults - \$20; students - \$15 except for February 14 when tickets cost \$10.00 Tickets can also be reserved on line: [URBANSTORIESYIC@GMAIL.COM](mailto:URBANSTORIESYIC@GMAIL.COM)

## Project Ploughshares

Movie Night: Wednesday, February 8

*How to Start a Revolution*

At Parkdale United Church, 2919 – 8 Ave NW, Conference Room in the basement, from 7-9 PM.

Discussion facilitated by Professor, Dr. Mark Ayyash (check out the reviews on this movie)

## Car Needed

If anyone knows of a small car for sale under \$5,000 please contact Sue in the office.